

Order of Events



2010 ConocoPhillips National Championships

Heats Begin at 9:00a.m.

Finals begin at 6:00p.m.

Women's Events

Day 1 – Tuesday, August 3

Men's Events

1	W 100 Butterfly	
	M 400 Freestyle	2
3	W 200 Individual Medley	
	M 100 Breaststroke	4
5	W 400 Freestyle	
	M 400 Individual Medley	6
	M 4 x 100 Free Relay	7

Day 2 – Wednesday, August 4

8	W 100 Backstroke	
	M 200 Freestyle	9
	M 100 Backstroke	10
11	W 200 Freestyle	
	M 200 Butterfly	12
13	W 4 x 100 Free Relay	

Day 3 – Thursday, August 5

14	W 100 Breaststroke	
	M 100 Butterfly	15
16	W 50 Freestyle	
	M 50 Freestyle	17
18	W 400 Individual Medley	
19	W 4 x 200 Free Relay	

Day 4 – Friday, August 6

	M 100 Freestyle	20
21	W 200 Butterfly	
	M 200 Individual Medley	22
23	W 200 Backstroke	
25	W 800 Freestyle (heats)	
	M 1500 Freestyle (heats)	30
	M 4 x 200 Free Relay	24

Day 5 – Saturday, August 7

25	W 800 Freestyle (final)	
26	W 100 Freestyle	
	M 200 Backstroke	27
28	W 200 Breaststroke	
	M 200 Breaststroke	29
	M 1500 Freestyle (final)	30
31	W 4 x 100 Medley Relay	
	M 4 x 100 Medley Relay	32

On Day 4, the heats of the distance events will be swum at the end of preliminary session.
All heats of relays will be swum in the evening sessions.